

# Community Food and Nutrition Worker (2 x PT-Job Share/ 1 FT)

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**Introduction:** - Community development and capacity building are integral to the work that we do with the goal of having empowered, thriving and flourishing communities across Inishowen now and into the future. In line with our commitments to people, place, and progress, as a responsive organization, and to our duty of care to clients, staff and volunteers, Inishowen Development Partnership (IDP) is recruiting for a Community Food and Nutrition Worker.

Funded by the HSE Sláintecare Healthy Communities Initiative the aim is to improve community health and wellbeing in the designated Healthy Community areas across Inishowen Co Donegal by addressing the issues of poor diet and food poverty.

**Main purpose of job:** - This exciting and challenging opportunity for an enthusiastic motivated individual to become part of the vibrant team at IDP. This is a Whole Time Equivalent position (35hrs. per week) for an initial period of 1 year subject to funding. We propose to facilitate the post as either 1 fulltime or 2 part time posts job sharing if required. The Community Food and Nutrition Worker(s) will work within the Sláintecare Healthy Communities (SHC) Programme.

This Programme focuses on the implementation of an enhanced Health and Wellbeing Programme working with disadvantage communities to deliver evidence informed services to improve local population health and wellbeing outcomes. This position will offer an intensive personal support programme that will draw on good practice and learning from previous food and nutrition supports offered through IDP.

Based out of Buncrana IDP, the role will include an outreach service across the wider Inishowen area. Reporting to the Board and the Joint CEO, this post will work with our IDP Team, ensuring that emerging needs are identified and planned for and community needs are responded to in a timely and effective way. Working with the Team at IDP this(these) position(s) will prioritise our work in:

- Community Development
- Social Inclusion
- Healthy Lifestyles and Choices

**Duties:** - The key tasks and duties are detailed below: -

<b>Task</b>	<b>Duties</b>
Recruitment and Engagement	<ul style="list-style-type: none"> <li>• Recruiting participants from the communities by liaising with agencies, services and community and voluntary groups in the area</li> <li>• Engaging participants on a one-to-one basis throughout the delivery of the programme, building a rapport, trust and confidence, gaining and building an understanding of each person's needs.</li> <li>• Working with the HSE national co-ordinator to identify and respond to training needs and resource development arising from strategic national and local agendas to support the effective implementation of the agreed programme of work.</li> <li>• Recruiting and overseeing a group of facilitators to deliver the Healthy Food Made Easy Programme. When necessary to act as a facilitator in the delivery of a Healthy Food Made Easy Programme (s)</li> </ul>
Commissioning, offering, and delivering	<ul style="list-style-type: none"> <li>• Building capacity, knowledge, and skills across communities and with local statutory and voluntary partners to improve the food environment, tackle food poverty and activate agreed national campaigns.</li> <li>• Developing health awareness of individuals, groups and organisations and build capacity for healthy food choices.</li> <li>• Supporting the delivery of Healthy Food for Life guidelines focused workshops and community programmes including Healthy Food Made Easy, weaning workshops, healthy eating for older adults etc.</li> <li>• Co-ordinating the activation of agreed national campaigns that address healthy lifestyles and Healthy Food for Life guidelines in local communities.</li> </ul>
Collaborative Working	<ul style="list-style-type: none"> <li>• Working with and supporting a range statutory and community organisations to develop and implement evidence based effective responses to improving the food environment in communities, addressing food poverty, and reducing health inequalities as part of Sláintecare.</li> <li>• Identifying risk factors to the health and wellbeing of the population that are particularly prevalent due to deprivation and implement targeted initiatives to tackle these challenges from within these communities.</li> </ul>
Reporting to funders	<ul style="list-style-type: none"> <li>• Preparing quarterly reports to funders.</li> <li>• Procuring training, events and venue hire in line with IDP Procurement policy and in preparation for payment by the financial administrator.</li> <li>• Attending peer support network meetings and others as organised by Sláintecare.</li> </ul>
Other Duties	<ul style="list-style-type: none"> <li>• Dissemination</li> <li>• Monitoring and evaluation</li> <li>• As agreed within IDP</li> </ul>

Minimum eligibility criteria for the post of Community Food and Nutrition Worker have been set by the HSE in consultation with key stakeholders. The criteria include that candidates must have at the latest date of application:

Criteria	Requirements
Qualifications	A minimum of a Level 8 qualification in the area nutrition and health, see page 4 for list of courses from Irish academic bodies deemed to meet this criterion.
Experience	At least 3 years' experience in a role that has involved: <ul style="list-style-type: none"> <li>• health promotion and improvement,</li> <li>• health behaviour change, and</li> <li>• working collaboratively with multiple stakeholders.</li> </ul>
Health	A candidate for and any person holding the office must be fully competent and capable of undertaking the duties attached to the office and be in a state of health such as would indicate a reasonable prospect of ability to render regular and efficient service.

**Person Specifications:** - You should have knowledge of community-based food and nutrition provision; have worked in Youth and/or Education/Community Sectors and have experience in planning, development, and implementation of specific community-based programmes. In addition to the above you should have:

- A full driving licence and access to a car for work purposes.
- Proven organisational, report writing, IT skills and record keeping skills
- Ability to deal with people in a confidential manner
- Ability to deliver planned training programmes and opportunities
- Excellent interpersonal and organisational skills.
- Strong advocacy and networking skills including interpersonal and team-building skills.
- Highly motivated and committed to working as part of a team as well as on own initiative
- The successful applicant will be expected to work flexibly, providing 'on-call' support as required on evenings, weekends, out-of-hours; based on responding to participant needs, particularly in times of crisis

**Conditions:** - This post is funded for a Whole Time Equivalent and we propose to offer either 1 x full-time position or two part time/ job share positions with a probationary period of at least six months applied. The whole-time equivalent is 35hours a week (exclusive of lunch). This is a 1-year Fixed Term contract and may cease/continue after this date, dependent on funding. Main base will be IDP Buncrana Office, but flexibility will be available.

**Salary:** - Community Food and Nutrition Worker is based on HSE Grade 6067 Health Promotion & Improvement Officer/ 0574 Grade VI Clerical Officer - €49,041 (Whole Time Equivalent/pro rata). We are open to considering this role as a Job Share/ 2 Part Time positions.

**Ways of working:** - The Community Food & Nutrition Worker will be employed by and line-managed within IDP as the host organisation. Key working relationships include:

- Local Authority Sláintecare Healthy Communities Coordinator
- HSE Sláintecare Healthy Communities Coordinator
- Local area Sláintecare Healthy Communities Steering Group
- HSE Community Dietetic Service
- HSE Community Food and Food Poverty Coordinator
- Safefood funded Community Food Initiative national coordinator

In some areas there may be an existing programme of work. The post-holder will build relationships and collaborate to ensure maximum impact and best outcomes for communities across Inishowen.

**List of courses in Irish academic bodies deemed to meet the eligibility criteria<sup>1</sup>:**

Institute	Course
Athlone Institute of Technology	BSc Hons Nutrition and Health Science
Institute of Technology Sligo	BSc Hons Nutrition and Health Science
Munster Technical University (previously Cork Institute of Technology)	BSc Hons Nutrition and Health Science
Technological University Dublin	BSc Hons Public Health Nutrition
University College Dublin	BSc Hons Human Nutrition
Dublin Institute of Technology	BSc in Human Nutrition and Dietetics
Technological University Dublin	BSc in Human Nutrition and Dietetics
University College Dublin	MSc in Clinical Nutrition and Dietetics
University of Limerick	MSc Human Nutrition and Dietetics

<sup>1</sup>EU citizens are entitled to equal treatment in recruitment, working conditions, promotion, pay, access to vocational training, occupational pensions, and dismissal. There is no automatic EU-wide recognition of academic qualifications. In most cases EU citizens can obtain a 'statement of comparability', stating how their university degree compares to those delivered in the EU country they are moving to. Visit [Enic-Naric](http://Enic-Naric) for more information. This post does not fall within the scope of CORU, Irelands multi-professional health regulator.

## Community Food & Nutrition Worker

Please return with your completed IDP Application Form, cover letter and CV by email to [enquiries@inishowen.ie](mailto:enquiries@inishowen.ie)

Closing Date: **1.00 pm on: Thursday April 7<sup>th</sup>, 2022**  
Interviews provisionally scheduled for **Wednesday April 13<sup>th</sup>, 2022**

***Inishowen Development Partnership is an equal opportunities employer and welcomes applications from all sections of society. The appointment is subject to normal recruitment procedures including Garda/Police Vetting.***

The Social Inclusion and Community Activation Programme (SICAP) 2018-2022 is funded by the Irish Government through the Department of Rural and Community Development and co-funded by the European Social Fund under the Programme for Employability, Inclusion and Learning (PEIL) 2014-2020"

Registered Charity No: 20067786 CO. REG. 447893 CHY17949



