|  | **What is on** | **Where** | **When** | **Who is it for** | **Who is the Contact** |
| --- | --- | --- | --- | --- | --- |
|  | **What’s happening in Education, Children, Young People, Families and Health and Well-being in Inishowen** | | | | |
| 1. A logo for a company     Description automatically generated | HUGG | HUGG Buncrana Suicide Bereavement Peer Support Group, led by local trained volunteers with lived experience of suicide loss. | Buncrana | Meet monthly, on a Tuesday evening, 7.30pm-9.30pm. | HUGG |
| 1. A logo with text on it     Description automatically generated | Walking Football | Greencastle Community Centre | Wednesdays 11am | 40yrs+ | Register with Michael Tel: 085 204 2073 |
|  | QQI Level 5 Business Admin with Payroll and Bookkeeping (3 months) | Greencastle Community Centre | Starting in September | Adults | Tel Donegal ETB: 0749120500. |
|  | Yoga with Julie Hegarty  Beginners’ yoga | Greencastle Community Centre | Mondays 10am & 7pm  Monday 5:45pm – 6:45pm | Adults | Tel:00447912850724. |
|  | Card Game Day €5 | Greencastle Community Centre | 17th July 12pm – 1pm | Adults | Txt: 0896117042 |
|  | Family Fun Day face painting, arts & Crafts, balloon models, disco, entertainers. | Greencastle Community Centre | Thursday 8th August 1-3pm | Children | Susan McAleer  0749381054  [susan@greencastlecentre.ie](mailto:susan@greencastlecentre.ie) |
|  | Réalta ‘Getting Ready For School’ workshop | Greencastle Community Centre | 4 weeks starting Tuesday 30th July 11:30am – 1pm | 3yrs+ | Tel Bernie: 0868827323 |
|  | Gwyneth & Sarah’s Summer Art | Greencastle Community Centre | Camp 3rd & 4th, 10th & 11th, 17th & 18th, 25th & 26th July 10am – 1pm | Suitable for Ages 5+ | To book 0834627073. |
|  | Blossom Academy Summer Camp | Greencastle Community Centre | 24th June – 30th August | Children | Tel: 0834252274 |
|  | Music With Anna Summer Camp €75 | Greencastle Community Centre | 1st – 5th July 10am – 1:30pm | 4-9yrs | Tel: 00447769230208 |
|  | Dungeons & Dragons Club | Greencastle Community Centre | Fridays 4:30pm | Children | Tel: 0896117042. |
|  | North Star Speech & Language Therapy | Greencastle Community Centre | Call to book | Children | Tel:0863616878 |
|  | Fundraising Quiz | Greencastle Community Centre | The Sean Tí Bar Saturday 12th July. | Everyone | Susan McAleer  0749381054  [susan@greencastlecentre.ie](mailto:susan@greencastlecentre.ie) |
|  | Monthly Garda Community Drop-in for information, signing applications etc | Greencastle Community Centre | First Tuesday of the month at 6pm | Everyone | Susan McAleer  0749381054  [susan@greencastlecentre.ie](mailto:susan@greencastlecentre.ie) |
|  | Community Defibrillator with 24hr access available on-site | Greencastle Community Centre | N/A | Everyone | Susan McAleer  0749381054  [susan@greencastlecentre.ie](mailto:susan@greencastlecentre.ie) |
|  | ***Foróige’s Inishowen CFSN area-based project Summer programme 2024 –***  A number of activities have been planned as part of Foroige's Inishowen CFSN area-based project throughout the summer months. These will be carried out on large/small group basis as well as at a 1-1 level depending on the needs of each individual young person taking part. Activities will include day trips to Culdaff for water sports activities, Drama workshops, cinema, sports workshops with Tommy Fit4U, Music, Beach Days, arts & crafts and much more. | Inishowen | July and August | Young people aged 8 – 21 years old | Jacqueline Doherty  086 8371335  [Jacqueline.doherty@forige.ie](mailto:Jacqueline.doherty@forige.ie) |
| 1. A close-up of a logo     Description automatically generated | Parent & Toddler  Imaginative Play  New Mothers & Babies  Messy Play  Sensory Play | Unit 6  Unit 6  Unit 6  Unit 6  Unit 10 | Monday’s 10am-1pm  Tuesdays 10am-1pm  Wednesday’s 10am-1pm  Thursday’s 10-1pm  Saturday’s 10am-1pm | Children with additional needs/autism  0-5 years  Babies  0-5 years  0-5 years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Boogie Bugs (€5 per session) | Spraoi agus Spórt | 8th – 12th July 12-1pm | 0-6 years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Multi Activity Camp  €15 per day, Max cost with NCS Discount is €8 | Spraoi agus Spórt | 24th June – 23rd August Monday – Friday 10am-3pm | Children aged 4+ | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Creative Stitch & Ready Steady Cook (€120) | Spraoi agus Spórt | 1st – 5th July 10am-3pm | Children aged 9+ | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Pottery & Creative Stitch (€120) | Spraoi agus Spórt | 8th -12th July 1pm – 5.30pm | Children aged 9+ | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Music & Movement with Arts & Crafts (€50) | Spraoi agus Spórt | 8th -12th July 1.30pm – 5.30pm | 5-8 years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Ready Steady Cook (€80) | Spraoi agus Spórt | 1st – 5th July 10.30am-12.30pm or 1pm – 3pm | Children aged 9+ | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Baking & Pottery (€120) | Spraoi agus Spórt | 15th – 19th July 10am-3pm | Children aged 9+ | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Baking (€80) | Spraoi agus Spórt | 15th – 19th July 10.30am-12.30pm | Children aged 9+ | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Pottery (€75) | Spraoi agus Spórt | 15th – 19th July 4-6pm | Children aged 9+ | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | An Ghaeltacht (€40) | Spraoi agus Spórt | 15th – 19th July 9.30am-2pm | 5+ years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Wild Woods Beach & Forest School (€90) | Spraoi agus Spórt | 22nd-26th July 10am-12.30pm  1pm-3.30pm | 6-9 years  10+ years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Animation (€50) | Spraoi agus Spórt | 29th July – 2nd August 12-2pm or 2.30-4.30pm | 8+ years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Intro to 3D Design & Printing (€50) | Spraoi agus Spórt | 8th – 10th July 10am-12pm or 1pm – 3pm | 10+ years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Digital Creative Design (€50) | Spraoi agus Spórt | 22nd – 24th July 10am-12pm or 1-3pm | 8+ years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Gaming Adventure for Young Creators (€50) | Spraoi agus Spórt | 15th -17th July or 12th – 14th August 10am-12pm or 1-3pm | 12-15 years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Surfing with Inishowen Surf School (€90) | Spraoi agus Spórt | 10.30am-12.30pm or 1-3pm | 6+ years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Summer Camp with Adventure Sports Club (€145) | Spraoi agus Spórt | 1st-5th July 9.30am-3.30pm  8th-12th July 9.30am-3.30pm  15th-19th July 9.30am-3.30pm  12th-16th August 9.30am-3.30pm | 7+ years  13+ years  13+ years  7+ years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 1. Colorful text and stars on a white background     Description automatically generated | Insight Inishowen Feel Good Fortnight | Various locations | June 29th – July 13th | Everyone | <http://www.insightinishowen.ie/uploads/5/2/5/6/52564457/feel_good_fortnight_programme_2024_.pdf> |
| 1. A green and white logo     Description automatically generated | Intercultural Café | The Exchange, Buncrana | Tuesdays and Thursdays 11am – 1pm | Everyone | Ruth on 087 795 5401 or 074 9362572  [info@exchangeinishowen.ie](mailto:info@exchangeinishowen.ie) |
|  | Buncrana Bake Off | St Mary’s Hall, Buncrana | Friday 5th July 2-4pm | Everyone | Carmel Gallagher [carmel@inishowen.ie](mailto:carmel@inishowen.ie) |
|  | Tap into Talent – Volunteer Fair | St Mary’s Hall, Buncrana | Tuesday July 9th 7-8.30pm | Adults | Tel: 074 936 2218  [reception@inishowen.ie](mailto:reception@inishowen.ie) |
|  | Moville Bake Off | Methodist Hall, Moville | Friday 12th of July 2-4pm | Everyone | Carmel Gallagher [carmel@inishowen.ie](mailto:carmel@inishowen.ie) |
|  | Carndonagh Agricultural show – IDP Stalls with Air fryer cookery demonstrations. | The Show Grounds, Tulnaree, Carndonagh | Saturday 20th July 1.20am-6.20pm | Everyone | Nicola Mc Laughlin  087 6556243  [inishowenagrishow@hotmail.com](mailto:inishowenagrishow@hotmail.com) |