|  | **What is on** | **Where** | **When** | **Who is it for** | **Who is the Contact** |
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|  | **What’s happening in Education, Children, Young People, Families and Health and Well-being in Inishowen** |
| 1. A logo for a company  Description automatically generated
 | HUGG | HUGG Buncrana Suicide Bereavement Peer Support Group, led by local trained volunteers with lived experience of suicide loss.  | Buncrana  | Meet monthly, on a Tuesday evening, 7.30pm-9.30pm.  | HUGG |
| 1. A logo with text on it  Description automatically generated
 | Walking Football  | Greencastle Community Centre | Wednesdays 11am | 40yrs+ | Register with Michael Tel: 085 204 2073 |
|  | QQI Level 5 Business Admin with Payroll and Bookkeeping (3 months)  | Greencastle Community Centre | Starting in September | Adults | Tel Donegal ETB: 0749120500. |
|  | Yoga with Julie Hegarty Beginners’ yoga  | Greencastle Community Centre | Mondays 10am & 7pmMonday 5:45pm – 6:45pm | Adults | Tel:00447912850724. |
|  | Card Game Day €5  | Greencastle Community Centre | 17th July 12pm – 1pm | Adults | Txt: 0896117042 |
|  | Family Fun Day face painting, arts & Crafts, balloon models, disco, entertainers. | Greencastle Community Centre | Thursday 8th August 1-3pm | Children | Susan McAleer0749381054susan@greencastlecentre.ie  |
|  | Réalta ‘Getting Ready For School’ workshop | Greencastle Community Centre | 4 weeks starting Tuesday 30th July 11:30am – 1pm | 3yrs+ | Tel Bernie: 0868827323 |
|  | Gwyneth & Sarah’s Summer Art  | Greencastle Community Centre | Camp 3rd & 4th, 10th & 11th, 17th & 18th, 25th & 26th July 10am – 1pm | Suitable for Ages 5+ | To book 0834627073. |
|  | Blossom Academy Summer Camp  | Greencastle Community Centre | 24th June – 30th August | Children | Tel: 0834252274 |
|  | Music With Anna Summer Camp €75  | Greencastle Community Centre | 1st – 5th July 10am – 1:30pm | 4-9yrs | Tel: 00447769230208 |
|  | Dungeons & Dragons Club  | Greencastle Community Centre | Fridays 4:30pm | Children | Tel: 0896117042. |
|  | North Star Speech & Language Therapy  | Greencastle Community Centre | Call to book | Children | Tel:0863616878 |
|  | Fundraising Quiz | Greencastle Community Centre | The Sean Tí Bar Saturday 12th July. | Everyone | Susan McAleer0749381054susan@greencastlecentre.ie  |
|  | Monthly Garda Community Drop-in for information, signing applications etc | Greencastle Community Centre | First Tuesday of the month at 6pm | Everyone | Susan McAleer0749381054susan@greencastlecentre.ie  |
|  | Community Defibrillator with 24hr access available on-site | Greencastle Community Centre | N/A | Everyone | Susan McAleer0749381054susan@greencastlecentre.ie  |
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 | ***Foróige’s Inishowen CFSN area-based project Summer programme 2024 –*** A number of activities have been planned as part of Foroige's Inishowen CFSN area-based project throughout the summer months. These will be carried out on large/small group basis as well as at a 1-1 level depending on the needs of each individual young person taking part. Activities will include day trips to Culdaff for water sports activities, Drama workshops, cinema, sports workshops with Tommy Fit4U, Music, Beach Days, arts & crafts and much more. | Inishowen | July and August | Young people aged 8 – 21 years old | Jacqueline Doherty086 8371335Jacqueline.doherty@forige.ie  |
| 1. A close-up of a logo  Description automatically generated
 | Parent & Toddler Imaginative PlayNew Mothers & BabiesMessy PlaySensory Play | Unit 6Unit 6Unit 6Unit 6Unit 10 | Monday’s 10am-1pmTuesdays 10am-1pmWednesday’s 10am-1pmThursday’s 10-1pmSaturday’s 10am-1pm | Children with additional needs/autism0-5 yearsBabies0-5 years0-5 years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Boogie Bugs (€5 per session) | Spraoi agus Spórt | 8th – 12th July 12-1pm | 0-6 years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
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 | Multi Activity Camp€15 per day, Max cost with NCS Discount is €8 | Spraoi agus Spórt | 24th June – 23rd August Monday – Friday 10am-3pm | Children aged 4+ | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Creative Stitch & Ready Steady Cook (€120) | Spraoi agus Spórt | 1st – 5th July 10am-3pm | Children aged 9+ | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Pottery & Creative Stitch (€120) | Spraoi agus Spórt | 8th -12th July 1pm – 5.30pm | Children aged 9+ | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Music & Movement with Arts & Crafts (€50) | Spraoi agus Spórt | 8th -12th July 1.30pm – 5.30pm | 5-8 years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Ready Steady Cook (€80) | Spraoi agus Spórt | 1st – 5th July 10.30am-12.30pm or 1pm – 3pm | Children aged 9+ | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Baking & Pottery (€120) | Spraoi agus Spórt | 15th – 19th July 10am-3pm | Children aged 9+ | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Baking (€80) | Spraoi agus Spórt | 15th – 19th July 10.30am-12.30pm | Children aged 9+ | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Pottery (€75) | Spraoi agus Spórt | 15th – 19th July 4-6pm | Children aged 9+ | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | An Ghaeltacht (€40) | Spraoi agus Spórt | 15th – 19th July 9.30am-2pm | 5+ years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Wild Woods Beach & Forest School (€90) | Spraoi agus Spórt | 22nd-26th July 10am-12.30pm1pm-3.30pm | 6-9 years10+ years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Animation (€50) | Spraoi agus Spórt | 29th July – 2nd August 12-2pm or 2.30-4.30pm | 8+ years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Intro to 3D Design & Printing (€50) | Spraoi agus Spórt | 8th – 10th July 10am-12pm or 1pm – 3pm | 10+ years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Digital Creative Design (€50) | Spraoi agus Spórt | 22nd – 24th July 10am-12pm or 1-3pm | 8+ years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Gaming Adventure for Young Creators (€50) | Spraoi agus Spórt | 15th -17th July or 12th – 14th August 10am-12pm or 1-3pm | 12-15 years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Surfing with Inishowen Surf School (€90) | Spraoi agus Spórt | 10.30am-12.30pm or 1-3pm | 6+ years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
|  | Summer Camp with Adventure Sports Club (€145) | Spraoi agus Spórt | 1st-5th July 9.30am-3.30pm8th-12th July 9.30am-3.30pm15th-19th July 9.30am-3.30pm12th-16th August 9.30am-3.30pm | 7+ years13+ years13+ years7+ years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 1. Colorful text and stars on a white background  Description automatically generated
 | Insight Inishowen Feel Good Fortnight | Various locations | June 29th – July 13th | Everyone  | <http://www.insightinishowen.ie/uploads/5/2/5/6/52564457/feel_good_fortnight_programme_2024_.pdf>  |
| 1. A green and white logo  Description automatically generated
 | Intercultural Café  | The Exchange, Buncrana | Tuesdays and Thursdays 11am – 1pm | Everyone | Ruth on 087 795 5401 or 074 9362572info@exchangeinishowen.ie |
|  | Buncrana Bake Off | St Mary’s Hall, Buncrana | Friday 5th July 2-4pm | Everyone | Carmel Gallagher carmel@inishowen.ie  |
|  | Tap into Talent – Volunteer Fair | St Mary’s Hall, Buncrana | Tuesday July 9th 7-8.30pm | Adults | Tel: 074 936 2218reception@inishowen.ie  |
|  | Moville Bake Off | Methodist Hall, Moville | Friday 12th of July 2-4pm | Everyone | Carmel Gallagher carmel@inishowen.ie  |
|  | Carndonagh Agricultural show – IDP Stalls with Air fryer cookery demonstrations. | The Show Grounds, Tulnaree, Carndonagh | Saturday 20th July 1.20am-6.20pm | Everyone | Nicola Mc Laughlin087 6556243inishowenagrishow@hotmail.com  |