|  | **What is on** | **Where** | **When** | **Who is it for** | **Who is the Contact** |
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|  | **What’s happening in Education, Children, Young People, Families and Health and Well-being in Inishowen** |
| 1. A green and white logo  Description automatically generated
 | The CHANCE Project is recruiting. CHANCE Project offers the perfect opportunity to explore options, gain new skills, and build a strong foundation for your future. Whether you're thinking about further education, training, or entering the workforce, CHANCE is here to help.   | Inishowen Development Partnership, IDP Buncrana  | September 2024  | 16–25-year-olds.   |  Ava@inishowen.ie or eileen@inishowen.ie  Phone: **086-7966525**  |
| 1. A logo for parents plus  Description automatically generated
 | Parenting When Separated | Carndonagh | Friday mornings from 10am-12pm from 20/09/24 | Parents who are preparing for, going through or have gone through separation or divorce. | Sheila KeyesSheila.keyes@inishowen.ie  |
|  | Parenting Children with ADHD | Carndonagh Pastoral Centre | Beginning 26/09/24 | Parents of children with ADHD looking for support to overcome the challenges parenting a child with ADHD can bring, helping to ensure the child reached their full potential. | Claire Dohertyclaire@inishowen.ie |
| 1. A red background with white text  Description automatically generated
 | We Can Quit | BuncranaCarndonagh | Tuesday 10/10/24Thursday 08/10/24 | We Can Quit is a free group programme for people who want support to quit smoking. | Sheila KeyesSheila.keyes@inishowen.ie |
|  | *Connecting Cultures* – An 8-hour interactive course where you can share aspects of your culture with other people, learn about each other and build understanding of our differences and similarities. | IDP Offices, St Mary’s Road, Buncrana  | 18 September,25 September,2 October,9 October.10am to 12 noon  | Adults from migrant/new communities and established communities (locals) living in Inishowen.  |  Maggie Tolandmaggie@inishowen.ie  |
| 1.
 | Circle Of Security Programme- 6-week Programme  | Pastoral Centre Carndonagh | 5th November-10th December | Parents/Carers |  Ellen.lynch@dpfss.ie0860218803 |
|  | Parent Support Call Back Service | Phoneline | Monday-Thursday | Parents/Carers | 0861674343 |
| 1. A logo for a company  Description automatically generated
 | HUGG Buncrana Suicide Bereavement Peer Support Group, led by local trained volunteers with lived experience of suicide loss.  | Buncrana  | Meet monthly, on a Tuesday evening, 7.30pm-9.30pm.  | HUGG | HUGG Buncrana Suicide Bereavement Peer Support Group, led by local trained volunteers with lived experience of suicide loss.  |
| 1. A logo with text on it  Description automatically generated
 | CBT for Beginners, €30 register via our website or contact the centre. | Greencastle Community Centre | 6 weeks starting Wednesday 11th September | Adults | Register via our website or contact the centre on 0749381054susan@greencastlecentre.ie  |
|  | Fashion Embroidery, €40  | Greencastle Community Centre | 6 weeks starting Tuesday 10th September | Adults | Register via our website or contact the centre on 0749381054susan@greencastlecentre.ie  |
|  | Creative Writing with Kathy Donaghy | Greencastle Community Centre | 6 weeks starting Monday 30th September | Adults | Register via our website or contact the centre on 0749381054susan@greencastlecentre.ie  |
|  | Leona’s Sewing Club €5. | Greencastle Community Centre | Starting back Wednesday 11th September 7pm | Adults | Register via our website or contact the centre on 0749381054susan@greencastlecentre.ie  |
|  | Walking Football. | Greencastle Community Centre | Continues every Wednesdays 11am | Adults | Susan McAleer074 938 1054 susan@greencastlecentre.ie  |
|  | Re:Connect, a social media course for older people €20. | Greencastle Community Centre | 4 weeks starting Tuesday 3rd September 10am – 12pm | Adults | Register via our website or contact the centre on 0749381054susan@greencastlecentre.ie  |
|  | Connected (a project for adults with additional needs). | Greencastle Community Centre | Starting Tuesday 17th September 11am – 1pm | Adults | Susan McAleer074 938 1054 susan@greencastlecentre.ie  |
|  | QQI Level 5 Business Admin with Payroll and Bookkeeping. | Greencastle Community Centre | (3 months) starting in September | Adults | Tel Donegal ETB: 0749120500 |
|  | Gwyneth’s Art Club  | Greencastle Community Centre | Starting back Tuesday 3rd September 4pm | Children | To register Tel: 0834627073. |
|  | Enrolment now open for Blossom Academy breakfast club and afterschool club. | Greencastle Community Centre | Weekdays | Children | Tel: 0834252274 |
|  | Dungeons & Dragons Club  | Greencastle Community Centre | Fridays 4:30pm | Children | Tel: 0896117042 |
|  | North Star Speech & Language Therapy  | Greencastle Community Centre | Call to Book | Children | Tel:0863616878 |
|  | Digital copy of Greencastle Energy Master Plan  | Greencastle Community Centre | Contact Centre | Everyone | available upon emailing request to susan@greencastlecentre.ie.  |
|  | Inishowen Walking Festival 13th – 15th September Shroove Head guided walk. | Greencastle Community Centre | Saturday 14th September 11am | Everyone | Registration online |
|  | Big Summer Raffle, fantastic prizes on offer €2 per line  | Greencastle Community Centre | Available in local shops and centre reception | Everyone | Susan McAleer074 938 1054 susan@greencastlecentre.ie  |
|  | Car Boot Sale €10 per table  | Greencastle Community Centre | Saturday 5th October | Everyone | Register via our website or contact the centre on 0749381054susan@greencastlecentre.ie  |
| 1. A close-up of a logo  Description automatically generated
 | Parent & Toddler Imaginative PlayNew Mothers & BabiesMessy PlaySensory Play | Unit 6Unit 6Unit 6Unit 6Unit 10 | Monday’s 10am-1pmTuesdays 10am-1pmWednesday’s 10am-1pmThursday’s 10-1pmSaturday’s 10am-1pm | Children with additional needs/autism0-5 yearsBabies0-5 years0-5 years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 26. | Irish Tuition | Unit 10 | Mondays 4-5pm or 5-6pm | 4-13 years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 27. | English & Maths Tuition | Unit 10 | Tuesdays, 1-hour classes | 4-13 years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 28. | Creative Writing | Online | Monday’s 5.30-6.30pm | 6-13 years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 29. | Club Gaeilge | Unit 10 | Wednesday’s 4-5pm or 5-6pm | 9-13 years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 30. | Creative Stitch | The Sewing Room | Tuesday’s 4-6pm | 8-13 years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 31. | Breakfast ClubNCS accepted | St Patrick’s Girls NS | Mon-Fri 7.15-9.15am | National School Students | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 32. | After school clubNCS accepted | Spraoi agus Sport | Mon-Fri 1.50-6.30pm | Children | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 33. | Clun Spraoi - Alternative Respite on a weekly basis for children with additional needs and / or Autism. | Spraoi agus Sport | Saturdays 10am-1pm & 2-6pm | Children with additional needs/Autism | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 34. | Gaming for All | Unit 9 | Wednesday’s 4-6pm | 12-18 years | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 35. | FabLab | Unit 9 | Friday’s 3.30-5pm | Children | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 36. | Guitar30-45min sessions | Unit 9Unit 10 | Tuesday’s 4.30-7.30pmThursday’s 4.30-7.30pm | Children | booking@spraoiagussport.ie0749373303 or 0868420203[www.spraoiagussport.ie](http://www.spraoiagussport.ie) |