|  | **What is on** | **Where** | **When** | **Who is it for** | **Who is the Contact** |
| --- | --- | --- | --- | --- | --- |
|  | **What’s happening in Education, Children, Young People, Families and Health and Well-being in Inishowen** | | | | |
| 1. A green and white logo     Description automatically generated | The CHANCE Project is recruiting. CHANCE Project offers the perfect opportunity to explore options, gain new skills, and build a strong foundation for your future. Whether you're thinking about further education, training, or entering the workforce, CHANCE is here to help. | Inishowen Development Partnership, IDP Buncrana | September 2024 | 16–25-year-olds. | [Ava@inishowen.ie](mailto:Ava@inishowen.ie) or [eileen@inishowen.ie](mailto:eileen@inishowen.ie)    Phone: **086-7966525** |
| 1. A logo for parents plus     Description automatically generated | Parenting When Separated | Carndonagh | Friday mornings from 10am-12pm from 20/09/24 | Parents who are preparing for, going through or have gone through separation or divorce. | Sheila Keyes  [Sheila.keyes@inishowen.ie](mailto:Sheila.keyes@inishowen.ie) |
|  | Parenting Children with ADHD | Carndonagh  Pastoral Centre | Beginning 26/09/24 | Parents of children with ADHD looking for support to overcome the challenges parenting a child with ADHD can bring, helping to ensure the child reached their full potential. | Claire Doherty  [claire@inishowen.ie](mailto:claire@inishowen.ie) |
| 1. A red background with white text     Description automatically generated | We Can Quit | Buncrana  Carndonagh | Tuesday 10/10/24  Thursday 08/10/24 | We Can Quit is a free group programme for people who want support to quit smoking. | Sheila Keyes  [Sheila.keyes@inishowen.ie](mailto:Sheila.keyes@inishowen.ie) |
|  | *Connecting Cultures* – An 8-hour interactive course where you can share aspects of your culture with other people, learn about each other and build understanding of our differences and similarities. | IDP Offices, St Mary’s Road, Buncrana | 18 September,  25 September,  2 October,  9 October.  10am to 12 noon | Adults from migrant/new communities and established communities (locals) living in Inishowen. | Maggie Toland  [maggie@inishowen.ie](mailto:maggie@inishowen.ie) |
|  | Circle Of Security Programme- 6-week Programme | Pastoral Centre  Carndonagh | 5th November-10th December | Parents/Carers | [Ellen.lynch@dpfss.ie](mailto:Ellen.lynch@dpfss.ie)  0860218803 |
|  | Parent Support Call Back Service | Phoneline | Monday-Thursday | Parents/Carers | 0861674343 |
| 1. A logo for a company     Description automatically generated | HUGG Buncrana Suicide Bereavement Peer Support Group, led by local trained volunteers with lived experience of suicide loss. | Buncrana | Meet monthly, on a Tuesday evening, 7.30pm-9.30pm. | HUGG | HUGG Buncrana Suicide Bereavement Peer Support Group, led by local trained volunteers with lived experience of suicide loss. |
| 1. A logo with text on it     Description automatically generated | CBT for Beginners, €30 register via our website or contact the centre. | Greencastle Community Centre | 6 weeks starting Wednesday 11th September | Adults | Register via our website or contact the centre on 0749381054  [susan@greencastlecentre.ie](mailto:susan@greencastlecentre.ie) |
|  | Fashion Embroidery, €40 | Greencastle Community Centre | 6 weeks starting Tuesday 10th September | Adults | Register via our website or contact the centre on 0749381054  [susan@greencastlecentre.ie](mailto:susan@greencastlecentre.ie) |
|  | Creative Writing with Kathy Donaghy | Greencastle Community Centre | 6 weeks starting Monday 30th September | Adults | Register via our website or contact the centre on 0749381054  [susan@greencastlecentre.ie](mailto:susan@greencastlecentre.ie) |
|  | Leona’s Sewing Club €5. | Greencastle Community Centre | Starting back Wednesday 11th September 7pm | Adults | Register via our website or contact the centre on 0749381054  [susan@greencastlecentre.ie](mailto:susan@greencastlecentre.ie) |
|  | Walking Football. | Greencastle Community Centre | Continues every Wednesdays 11am | Adults | Susan McAleer  074 938 1054  [susan@greencastlecentre.ie](mailto:susan@greencastlecentre.ie) |
|  | Re:Connect, a social media course for older people €20. | Greencastle Community Centre | 4 weeks starting Tuesday 3rd September 10am – 12pm | Adults | Register via our website or contact the centre on 0749381054  [susan@greencastlecentre.ie](mailto:susan@greencastlecentre.ie) |
|  | Connected (a project for adults with additional needs). | Greencastle Community Centre | Starting Tuesday 17th September 11am – 1pm | Adults | Susan McAleer  074 938 1054  [susan@greencastlecentre.ie](mailto:susan@greencastlecentre.ie) |
|  | QQI Level 5 Business Admin with Payroll and Bookkeeping. | Greencastle Community Centre | (3 months) starting in September | Adults | Tel Donegal ETB: 0749120500 |
|  | Gwyneth’s Art Club | Greencastle Community Centre | Starting back Tuesday 3rd September 4pm | Children | To register Tel: 0834627073. |
|  | Enrolment now open for Blossom Academy breakfast club and afterschool club. | Greencastle Community Centre | Weekdays | Children | Tel: 0834252274 |
|  | Dungeons & Dragons Club | Greencastle Community Centre | Fridays 4:30pm | Children | Tel: 0896117042 |
|  | North Star Speech & Language Therapy | Greencastle Community Centre | Call to Book | Children | Tel:0863616878 |
|  | Digital copy of Greencastle Energy Master Plan | Greencastle Community Centre | Contact Centre | Everyone | available upon emailing request to [susan@greencastlecentre.ie](mailto:susan@greencastlecentre.ie). |
|  | Inishowen Walking Festival 13th – 15th September Shroove Head guided walk. | Greencastle Community Centre | Saturday 14th September 11am | Everyone | Registration online |
|  | Big Summer Raffle, fantastic prizes on offer €2 per line | Greencastle Community Centre | Available in local shops and centre reception | Everyone | Susan McAleer  074 938 1054  [susan@greencastlecentre.ie](mailto:susan@greencastlecentre.ie) |
|  | Car Boot Sale €10 per table | Greencastle Community Centre | Saturday 5th October | Everyone | Register via our website or contact the centre on 0749381054  [susan@greencastlecentre.ie](mailto:susan@greencastlecentre.ie) |
| 1. A close-up of a logo     Description automatically generated | Parent & Toddler  Imaginative Play  New Mothers & Babies  Messy Play  Sensory Play | Unit 6  Unit 6  Unit 6  Unit 6  Unit 10 | Monday’s 10am-1pm  Tuesdays 10am-1pm  Wednesday’s 10am-1pm  Thursday’s 10-1pm  Saturday’s 10am-1pm | Children with additional needs/autism  0-5 years  Babies  0-5 years  0-5 years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 26. | Irish Tuition | Unit 10 | Mondays 4-5pm or 5-6pm | 4-13 years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 27. | English & Maths Tuition | Unit 10 | Tuesdays, 1-hour classes | 4-13 years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 28. | Creative Writing | Online | Monday’s 5.30-6.30pm | 6-13 years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 29. | Club Gaeilge | Unit 10 | Wednesday’s 4-5pm or 5-6pm | 9-13 years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 30. | Creative Stitch | The Sewing Room | Tuesday’s 4-6pm | 8-13 years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 31. | Breakfast Club  NCS accepted | St Patrick’s Girls NS | Mon-Fri 7.15-9.15am | National School Students | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 32. | After school club  NCS accepted | Spraoi agus Sport | Mon-Fri 1.50-6.30pm | Children | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 33. | Clun Spraoi - Alternative Respite on a weekly basis for children with additional needs and / or Autism. | Spraoi agus Sport | Saturdays 10am-1pm & 2-6pm | Children with additional needs/Autism | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 34. | Gaming for All | Unit 9 | Wednesday’s 4-6pm | 12-18 years | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 35. | FabLab | Unit 9 | Friday’s 3.30-5pm | Children | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |
| 36. | Guitar  30-45min sessions | Unit 9  Unit 10 | Tuesday’s 4.30-7.30pm  Thursday’s 4.30-7.30pm | Children | [booking@spraoiagussport.ie](mailto:booking@spraoiagussport.ie)  0749373303 or 0868420203  [www.spraoiagussport.ie](http://www.spraoiagussport.ie) |